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He is president of the Belgian Commission for homologation in Geriatrics. He is member of the Board of the Belgian Society for Gerontology and Geriatrics and former member of the Academic Board of the European Union Geriatric Medicine Society. He had training in clinical nutrition and was a founding member of the nutrition team at the University Hospital in Antwerp. His major research interests today are the study and prevention of sarcopenia and frailty, the effects of nutritional interventions in (psycho) geriatric patients and the early detection of functional disability. He was co-author of the consensus report of the European Working group on Sarcopenia in older people in Age & Ageing and of the Frailty consensus report: a call to action in JAMDA. He had the chair in the 8th Congress of the European Union Geriatric Medicine Society in Brussels in 2012. He is member of the ESPEN working Group for developing the guidelines for nutrition in dementia and chairs the EUGMS Working Group "Health Brain Ageing and Cognition"